Pallium Canada

LEAP
LONG-TERM CARE

ONLINE COURSE

Palliative Care Education

LEAP™ Long-Term Care is an interprofessional, facilitated palliative care course that provides health care professionals working in long-term care and nursing homes, with the essential attitudes, knowledge and skills to provide a palliative care approach.

WHO IS IT FOR?

LEAP Long-Term Care is ideal for health care professionals working in long-term care and nursing homes, including physicians, nurses, pharmacists, social workers, allied health professionals, personal support workers, and care aides.

KEY LEAP FEATURES

- ✓ Created and reviewed by Canadian experts
- ✓ Evidence-based
- ✓ Regularly updated and improved
- ✓ Practical, case-based
- ✓ Accredited

COURSE FEATURES

- NEWLY UPDATED: Now featuring a refreshed, case-based learning experience with redesigned workshops, new cases, and expanded content.
- Choose from two learning streams based on your role: one for personal support workers (PSWs) and care aides, and one for physicians, nurses, and other registered health care professionals.
- Complete 17 online interactive, self-paced modules at your own pace (approximately 8 hours).
- Participate in 6 hours of in-person workshops led by LEAP facilitators, where learners from both streams come together to work through cases and discuss learnings from modules.
- This activity has been certified by the College of Family Physicians of Canada for up to **14 Mainpro+® Certified Activity credits**.

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LEAP Learning Essential Approaches to Palliative Care

FACILITATORS

LEAP courses are taught by a dedicated group of palliative care clinicians and educators from across Canada. From major cities to rural towns, Pallium's certified facilitators bring their experience, knowledge, and passion to deliver LEAP training and advocate for better palliative care in their communities.

TOPICS COVERED INCLUDE

- Being aware
- Principles of palliative care
- Advance Care Planning
- Decision-making and goals of care
- Essential conversations
- Pain
- Delirium
- Grief
- Palliative sedation
- Gastrointestinal symptoms, hydration and nutrition
- Respiratory symptoms
- Last days and hours
- Resources and quality improvement
- Psychosocial and spiritual care
- Request to hasten death

ABOUT PALLIUM CANADA

Pallium is a national, charitable organization focused on building professional and community capacity to help improve the quality and accessibility of palliative care in Canada.

To learn more about LEAP courses and other resources, visit **pallium.ca**

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